

JAMESTOWN COMMUNITY COLLEGE
State University of New York

INSTITUTIONAL COURSE SYLLABUS

Course Title: Athletes & Academic Success

Course Abbreviation and Number: PHE 1300

Credit Hours: 1 credit hour.

Course Type: Lecture

Course Description: Students will be acclimated and oriented into the daily tasks of a student-athlete in higher education and the roles of intercollegiate athletics. The coursework is designed to enhance the student athlete's college experience. The course will guide the student athlete toward a successful experience both academically and athletically. The course will include: lectures, video presentations, role playing, discussions, guest speakers, and activities that will promote success both in the classroom and on the field of competition.

No requisites.

Student Learning Outcomes:

Students who demonstrate understanding can:

1. Identify the NJCAA eligibility rules as they pertain to freshman and sophomore athletes.
2. Identify and discuss the unique circumstances of student athletes including the challenges a freshman athlete will face in trying to balance academics, athletics, and life's personal demands.
3. Apply successful strategies to overcome at-risk situations and achieve academically.

Topics Covered:

- Academic Eligibility – NJCAA Eligibility/Academic Accountability
- Time management – study habits/personal schedules
- Converting Athletic strengths to academic success
- Goal setting – academic, transfer and career
- Motivation – classroom and career
- Goal setting – athletic
- Motivation – in competition
- Stress Management – living in a fish bowl

Information for Students

- Expectations of Students
 - [Civility Statement](#)
 - [Student Responsibility Statement](#)
 - [Academic Integrity Statement](#)
- [Accessibility Services](#)
Students who require accommodations to complete the requirements and expectations of this course because of a disability must make their accommodation requests to the Accessibility Services Coordinator.
- [Get Help: JCC & Community Resources](#)
- [Emergency Closing Procedures](#)
- Course grade is determined by the instructor based on a combination of factors, including but not limited to, homework, quizzes, exams, projects, and participation. Final course grade can be translated into a grade point value according to the following:

A=4.0	B+=3.5	B=3	C+=2.5	C=2	D+=1.5	D=1	F=0
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- Veterans and active duty military personnel with special circumstances (e.g., upcoming deployments, drill requirements, VA appointments) are welcome and encouraged to communicate these to the instructor.

Effective Date: Fall 2021